

We want you!

Learn more about the important role that a volunteer plays in the hospice care team. See page 4.

Save the Date!

Mark your calendar for the 32nd annual Taste of the Town. Details on page 6.

2K hours of support provided by the Grief Counseling Center during the year.

HOSPICE heartbeat

HOSPICE OF THE PIEDMONT
HOSPICE OF RANDOLPH

MARCH 2020

APRIL IS NATIONAL COUNSELING AWARENESS MONTH

Understanding Adolescent Grief

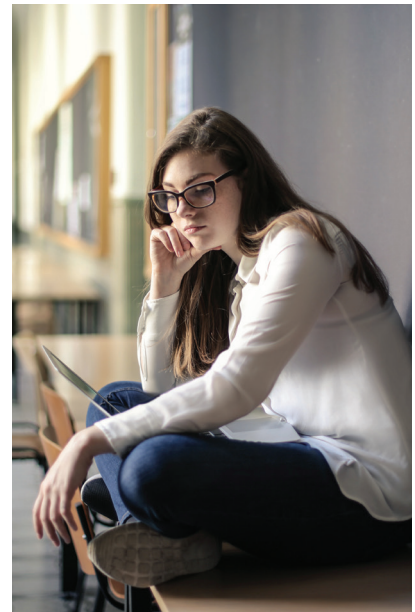


Adolescence is perhaps one of the most difficult and confusing stages in life. It is a time of transition and subtle loss as the teenager says goodbye to childhood and the assumed security it represents. Emotions often ride a “roller coaster” of intensity and the ego is hard at work in establishing a new identity. Consequently, the teenager is very vulnerable to stress. Combine these factors with losing a loved one, and often you will find an individual who is frightened, confused, and isolated. In cases where teens are unable to receive support and a means of closure, unresolved grief may resurface over and over again as they experience

new losses resulting in unhealthy behavior patterns and even physical symptoms of distress.

The needs of teenagers are unique. Some of their most common needs are:

- to share in the family’s grief process;
- to keep daily routines that provide a sense of security in the home; and
- to be supported at school where they spend much of their time, including working with the teacher(s) to establish breaks from learning if the classroom environment is overwhelming.



For more information about supporting a grieving teen, please contact our Grief Counseling Center at 336.889.8446.

Read more about special Grief Camps on page 2.

An Era of Shared Vision and Commitment to Service

THE LONG VIEW

Notes from the CEO

TOGETHER WE’LL DO GREAT THINGS. As Hospice of the Piedmont and Hospice of Randolph embarked on the journey of merging operations, this statement remained at the forefront of decisions and goals that our combined organization worked toward. Our team members, our patients, their families, and our community were the four cornerstones that informed every facet of our merger. I am excited to share that

in fact, we are doing great things together. Over just a short time since completing the merger on October 1, 2019, I am delighted to share some significant and important milestones that we have achieved together.

We successfully combined our electronic medical records to give all team members across both the High Point and Randolph offices access to those we are serving. This key consideration helped create a seamless transition for patients and their families and allowed our hospice teams to continue providing services with no interruption in service delivery. continued on page 3

APRIL IS NATIONAL COUNSELING AWARENESS MONTH



Grief Camps for Teens and Children

ON SATURDAY, APRIL 4, Hospice of Randolph will host SOAR the adventure awaits grief camp for teens, grades 7-12, and Caterpillar's Quest grief camp for children, grades K-6. Each camp will provide age-specific support for those that have experienced the death of a loved one. Participants will learn ways of coping with grief while making new connections and experiencing nature and the excitement of Camp Caraway including kayaking, zip-lining, art projects, games and loads of outdoor fun.

Both Caterpillar's Quest and

SOAR will take place on April 4, from 9 a.m. – 3 p.m. at Camp Caraway, located at 4756 Caraway Mountain Road, Sophia, NC 27350. There is a \$10.00 registration fee per applicant and scholarships are available for participants with special financial circumstances. **The application and registration deadline is Monday, March 16.**

For more information or to request a camp application, please contact us at camp@hospiceofrandolph.org or 336.672.9300.



Grief Counseling Center UPCOMING EVENTS

Grief 101: Where do I go from here?

High Point: Meets the first Friday of the month from 12 – 1 p.m.

Asheboro: Meets the third Friday of the month from 12 – 1 p.m.

Healing Hearts

High Point: Meets the third Thursday of the month from 11:30 a.m. – 1 p.m.

Grief Escapes

High Point: Meets the last Wednesday of the month from 12 – 1 p.m.

Strength in Numbers: Men's Grief Support Group

High Point: Meets the first Wednesday of the month from 12 – 1 p.m.

Sunset Support Group

Asheboro: Meets the fourth Tuesday of the month from 6 – 7:30 p.m.

These group offerings are for adults and require registration by calling the Grief Counseling Center in High Point at 336.889.8446 or in Asheboro at 336.672.9300.



THE LONG VIEW

continued from page 1

With funding from The H. Clay and Wavie M. Presnell Foundation and the J. Richard and Sybel F. Hayworth Foundation, we were able to implement a significant technology upgrade. Key administrative staff received computer upgrades and clinical staff exchanged heavier laptops for much lighter iPads. The iPad upgrades create a more portable, mobile-ready solution for documentation and helps us gain more time engaging with our patients and their families.

Now with nearly 230 team members, combining our services has given our organization a chance to explore how to make all of our programs scalable across a much larger, eight-county service area. This allowed us to create a formal Grief Counseling Center at the Randolph campus. Staffed by a licensed counselor, the Grief Counseling Center will build on Hospice of Randolph's bereavement programs and expand them to incorporate more group and individual counseling options.

In February, we launched a new website that links the programs and resources of both branches of the organization. The site features a new design and thoughtful ways for individuals to interact with us and understand what we do. The website



> Trent Cockerham, CEO

“**Together, we are growing to understand the needs of our patients, staff and community better, which helps our organization adapt and respond to the changing needs of our community.**”

gives volunteers an online platform to connect with our organization and document visits. This update across both campuses helps our volunteer coordinators share volunteer's feedback from visits with patients with the entire hospice care team in a more timely way than ever before.

The organization's leadership has had monthly opportunities to meet together to share information and

insights from each department.

Together, we are growing to understand the needs of our patients, staff and community better, which helps our organization adapt and respond to the changing needs of our community.

It has been personally rewarding for me to spend time with and get to know our team members on the Randolph campus. By engaging directly with them, I'm able to gain an even better understanding about what is important to them and what they aspire for our merged organization to accomplish. It has been a great experience hearing about what they value most and how we can help support the personal and professional growth of all of our team members.

Although we will still be streamlining our services and identifying opportunities for organizational development and operational efficiencies well into 2020, the first six months since the merger have been exceptionally rewarding for our combined organization. Together with leadership, we are identifying top organizational priorities and will continue to leverage creative thought in how we provide and evaluate these considerations. I look forward to 2020 and beyond because together we truly are doing great things.

—Trent Cockerham, CEO

DID YOU KNOW YOU CAN SUPPORT HOSPICE WITH YOUR IRA?

If you have a traditional IRA and take a required minimum distribution (RMD), you can avoid paying federal income tax on the RMD by donating it to a qualified charity.

Visit www.irs.gov/retirement-plans to read more.

If you are interested in making an IRA charitable rollover contact your broker or IRA manager.



The Valuable Role of Volunteers

DIDYOU KNOW that 1% of your life can make a 100% difference in the lives of others? Hospice volunteers play a vital role in supporting our patients, families and our hospice mission.

Patient/family volunteers interact with patients and families and make home visits which can include practical support such as running errands and assisting with household tasks. Volunteers also visit those living in assisted living or skilled nursing facilities and those receiving care in our hospice inpatient facilities, Hospice Home at High Point or the Randolph Hospice House.

Most often, volunteers devote their visits to emotional care and companionship, as well as providing respite for caregivers. Other volunteers help with transportation or provide clerical support including filing, assembling patient handbooks, answering phones and greeting visitors at our inpatient facilities. Volunteers are asked to spend a minimum of one hour a week with their assigned patient. In order to volunteer, you must be at least 18 years old, pass a criminal background check and an initial TB test, attend an information session and training session and commit to the program for at least one year.



Volunteers from Hospice of the Piedmont and Hospice of Randolph enjoyed their first combined social to celebrate the holiday season.



Become a Volunteer!

Contact volunteer coordinators **Ryan Biagini (336-889-8446)** or **Dawn Stone (336-672-9300)** to learn more about how you can be a hospice volunteer.

Being Here Now Retreat

The Grief Counseling Center is hosting a unique day retreat at Well of Mercy in Hamptonville, NC. Well of Mercy is a special oasis providing therapeutic services for rest, renewal and reflection in a serene environment. The Being Here Now Retreat, led by the Grief Counseling Center's bereavement

team, is Wednesday, March 25. This event is free, but pre-registration is required.

For more information or to register, please call the Grief Counseling Center at 336.889.8446.

**auction
& barbecue**
HOSPICE OF RANDOLPH

THE 34TH ANNUAL EVENT was held on Saturday, November 2 at Southwestern Randolph High School. We are grateful for the over 1,200 members of the community that attended this signature fundraiser for Hospice of Randolph! The event was a tremendous success and raised a record-breaking total of \$102,000. Over 500 auction items and 1,500 lbs. of barbeque were sold at the exciting event. Special thank you to the community, as well as vendors, volunteers, auction donors and sponsors, for continuing to support the Auction & BBQ.

(clockwise from top) Volunteers and staff help out in a variety of areas at the event. • Members of the Randolph County Livestock & Poultry Improvement Association prepare the event's BBQ on-site. • The crowd enjoys the live auction and bidding on items.



Thank you vendors, sponsors and friends!

Hospice Heart Sponsors

The Courier-Tribune

Hospice Kindness Sponsor

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Special Thanks

Boy Scout Troop 563
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Richie & Zac Hughes, Hughes Auction & Real Estate
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Wendy Moffitt
North Ridge Church
John Ogburn
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Lynne Qualls
R&H Motor Lines
Randolph County Sheriff's Department
Ray Parks Auction
Larry Reid
Southwestern Randolph High School
The Randolph County Livestock & Poultry Improvement Association
Uwharrie Charter Basketball Team
West Bend United Methodist Church Ladies
Heather Wright

Save the Date!

TASTE OF THE TOWN



Hospice of the Piedmont's signature fundraiser, Taste of the Town, is scheduled for **Tuesday, August 18 from 5:30 to 8:30 p.m.** at the High Point University Community Center. Taste of the Town showcases area food and beverage vendors as they show off their best dishes in support of their local hospice organization. For more information or to become an event sponsor, follow us on Facebook or contact the Development Office at 336.889.8446.



READY, SET, RUN! Horneytown 5K

On Saturday, November 2, the Horneytown 5K Run for Hospice brought together over 200 area runners in support of Hospice of the Piedmont and the Horneytown Fire Department. Special thank you to the event sponsors, volunteers and organizers. Led by Becky Sage, pictured with Hospice of the Piedmont CEO Trent Cockerham, the 5K has raised over \$10,000 since the benefit event was created three years ago.

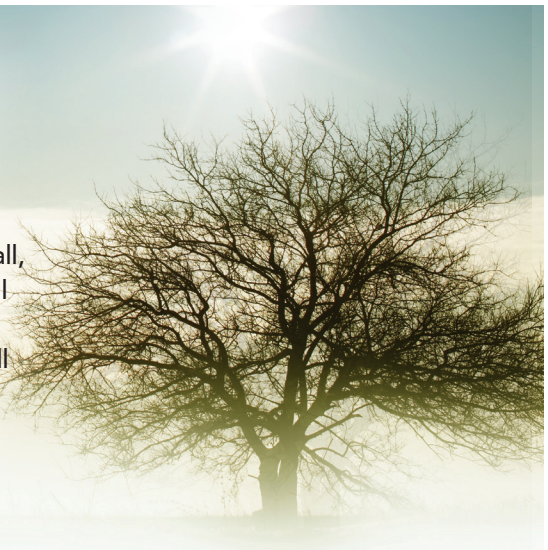
DINING OUT FOR HOSPICE DOLLARS

The 20th annual Dining Out for Hospice Dollars will be held on Wednesday, April 22 and Thursday, April 23. This unique fundraiser allows restaurant owners the opportunity to donate a portion of their gross proceeds or a general donation amount back to our organization. Restaurants may participate on one or both event days. All proceeds from Dining Out benefit hospice programming and bereavement services. A list of participating restaurants will be published on Hospice of Randolph's Facebook page as well as at www.hospiceofrandolph.org a week prior to the event.



THE SERVICE OF REMEMBRANCE

Friends and families of patients, as well as anyone in the community who experienced the death of a loved one during the last year, are invited to Hospice of the Piedmont's annual Service of Remembrance at 6:30 p.m. on Thursday, March 12 at Wesley Memorial Fellowship Hall, 1225 Chestnut Drive, High Point. The non-denominational program will include special music and a candle lighting. Hospice of the Piedmont Chaplain Rev. Charlie Patrick will share a special message. Family members and friends are encouraged to bring a framed photo (no larger than 8" x 10") of your loved one to be displayed on the Table of Remembrance.



IN MEMORIAM

A special thank you to the families of the following individuals who recommended that family and friends remember their loved one with a contribution to support end-of-life care in our community through Hospice of the Piedmont or Hospice of Randolph.

Alice Miles Adams
Eugene H. Allen
Madge Anita Buchanan Allred
Ida Ruth Jones Alman
Carolyn Murray Ammen
Ruth Frances Medlin Andrews
Marilyn Sue Bailey
George Thomas Baity
Edith Colleen Sebastian Ballard
Mary Helen Hollifield Bartlett
Mary "Gerri" Geraldine Berry
Ronnie Eugene Bevan
Michael Lee Blizzard
Patty Payne Bodenheimer
Martha Agnes Thompson Boling
David Wayne Bowman
Janice Chappell Bowman
Maxine Shaw Boylen
Forrest Wade Bray
William Gaston Bridges, Jr.
Lelia Alice Hill Brower
Larry Lloyd Bulla
Harry Roland Bullins
Carolyn Penny Andrews Bundy
Clarence Holt Bunting
Betty Sue Holt Callahan
Joyce Ann Brewer Cameron
Timothy Roy Childs
Clarence (Red) Garrett Chilton
Mildred "Micky" Crutchfield
Click
Linnie Idol Clinard
Linda Sue Smith Cole
William "Bill" Darrell Cole
Elizabeth "Betsy" Anne Huggin
Collins
Bobby Gray Cook
Judith "Judy" Poole Cox
Cleo Junior Cox
Leona Laughlin Cox
Linda Jones Cox
Lloyd "Doug" Douglas Cox
Betty Joan Dellinger Craven
Melva Maurice Campbell
Craven
Helen Marie Nelson Crutchfield
Henry Charles Davis
Johnny Ray Davis
Lloyd Leonard Dawkins, Sr.
Ardith Lou Black Dillon
LaMar Gentry Doutaz

Mildred "Delores" Trotter Dunn
Philip Arvin Dunnagan
Homer Junior Earnhardt
Rebekah "Becky" Louise
Maness East
Zoe Bunn Faircloth
Donald (Donnie) Ray Finch
John Wade Floyd, Jr.
Peggy Gilmore Fox
Marjorie Faye Bishop Freeman
Noel "Bug" Harding
Freeman, Jr.
Lewis Joe Gallman
Randy Wayne Garner
Judy Sue Harris Gatlin
Charles Edward "Chuck" Gauze
Peggy Carole Davis Gentel
Caroline Anne Gentleman
Lola White Gibson
Monadell Byrd Glass
Herbert M. Golden
Max Albert Green
David Samuel "Sammy" Greene
Stephen Cain Greer
Lalla Kay (Anderson) Griffin
Tammy Price Hanner
Boyd "Shorty" Donald Hardin
Irene Gore Harris
Barbara "Barb" Lee Young
Hatfield
Mildred Lydia Jarrell Hawkins
Harry Lee Haynes
Daniel Glenn Hayworth
Linda Kay Atkinson Hazelwood
Grace Saunders Hedrick
Linda Lewis Higgins
Mildred Marie (Price) Hill
Shirley Ann Hill
Robert Lee Hilliard, Sr.
Billie Ruth Kanoy Hooper
Bertha Hill Hoover
Ailene Bennett Lane Huffman
Brenda Sue Humphrey
Alton Campbell Ivey
Bobby Harold Jones
Maxine (Hill) Joyce
Carolyn Yates Kasarda
Lalla Kay (Anderson) Griffin
Allen Wayne Kight
Walter "Walt" Lee Kirkman
Arnold Jackson Koonce, Jr.

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Lou Casey Layton
Deborah Lazer
Mary White Loflin
Patricia Ann Sexton Lohr
Curtis John "Curt" Lorimer
Dwight Douglas "Doug" Luther
William "Bud" Maness
Vicki Johnson McKenzie
Bobby Gene McPeck
Elizabeth "Betty" Dangel
Miedwig
Bobby Ray Miller
Rebecca "Becky" Marlene
Farrington Mills
Ruth Chriscoe Mills
Donald Lee Mitchell
Marvin "Butch" Lester
Moblely, Jr.
Lucille Faulkner Ferguson
Morton
Allen L. "Pop" Mull
Pamela Darlene Reeves
Murdock
David Earl Murphy
James Reid Nance
Donald Edward Neville
Vivian Louise Nelson Osborne
Ruth Soyars Frye Page
Elvin Craig "Chief" Parrish
Nancy Lee Thompson Patram
Myrtle "Louise" Burrier
Patterson
Shirley Jean Ward Pendell
Elmer Willard (Bill) Price, Jr.
Eunice Hall Puckett
Leo Rabon
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Marion Kent Umberger
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Robert Franklin "Bob"
Walker, Jr.
Clara Shelton Ward
Lori Warren
Geraldine Walser Watts
Joseph "Richard" Welborn
Jean Wiese
Eva Davis Williams
Kathy "Kat" Elaine Williams
Nellie Gray Roberts Woods

**Designations from
Sept. 1 to Dec. 31, 2019.
If information
was printed in error,
please contact the
Development Office
at 336-878-7281.**

*Hospice of the Piedmont and
Hospice of Randolph rely on
the support from the community
to continue to provide services
to those at the end of life. For
a list of donors who gave in
support of our mission from
Sept. 1 to Dec. 31, 2019,
please visit [www.hospiceof-
thepiedmont.org/donorlist](http://www.hospiceof-
thepiedmont.org/donorlist).*

HOSPICE
of the PIEDMONT

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Hospice + You

Together we do great things.

Hospice of the Piedmont and Hospice of Randolph
rely on your support to connect individuals and families
with the care they need on the terms they choose.

We invite you to partner with us in
service to our shared communities.

www.hospiceofthepiedmont.org/donate
www.hospiceofrandolph.org/donate

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