

HOWTO GUIDE FOR NAVIGATION THROUGH HOSPICE OF THE PIEDMONT WELLNESS PLATFORM

1. Go to: Visit <https://hospiceofthepiedmont.medkeeper.com>
2. Click the "Or click here to register button" to get started.

The image shows two screenshots of the user interface. The left screenshot is the 'Login' page, featuring a lock icon, a 'Login' title, and input fields for 'Username' and 'Password'. Below these fields is a blue 'Submit' button and a link that says 'Or click here to register', which is highlighted with a blue box. The right screenshot is the 'Register' page, featuring a person icon with a plus sign, a 'Register' title, and several input fields: 'First Name', 'Last Name', 'Date of Birth' (with a calendar icon), 'Your email address (Username)', 'Password', 'Password Confirmation', and 'Email Address Confirmation'. A blue 'Submit' button is at the bottom, also highlighted with a blue box. A 'Return to login to your account' link is visible below the submit button.

Complete all registration fields with the following information:

- a. Name: Use your Legal First and Last Name
- b. Date of birth (MM/DD/YYYY)
- c. Username: *Use your @HOPNC.org work e-mail address as your username.*
- d. Password

I agree to the terms and conditions as stated above.

- Yes
 No

3. Hit "Submit"

Submit

4. Set-up the Two-Factor Authentication

Set up Two-Factor Authentication

Verify your identity with a one-time verification code.
Please choose how you will receive your code.

- Email
 Authenticator

Continue

A verification code was sent to l****1@aol.com

Please enter verification code

Or

Remember this computer for 30 days.

Verify

5. Agree to terms and conditions, click submit and then Get Started
6. Review and update Social Profile. Nickname is required. Click submit.
7. Navigate to Homepage [Home](#)

Need Help? Contact Health Designs
904.285.2019
wellness@healthdesigns.net



8. To get started we recommend completing the Health Risk Assessment (HRA) first. Personalized program and activity recommendations based on individual risk factors will be available, following completion of the HRA. 
9. All questions with a red asterisk (*) are required. Any questions without * can be skipped using *Skip* button.
10. Once HRA is complete you will land on your health report page. Navigate back to the Homepage by clicking home button on top left of page. 
11. Navigate to the **THRIVE365: Wellness Incentive Program** tile. Click View My Incentive Points and then View Program in the Incentive Box to review program outline and earn points.

